

beauty q&a



New shine fighters that also moisturize give you skin as dewy as Drew Barrymore's.

Q In the summer, my face gets shiny, but products meant to make it look matte dry it. What's the fix?

A Mattifiers used to be single-minded: Eliminate shine at all costs. Unfortunately, the cost was moisture. But new formulas include ingredients that offset dryness. For example, Clarins Hydra-Matte Lotion for Combination Skin, \$42, contains chrysin (to reduce excess oil) and green algae (to hydrate). In Clinique Acne Solutions Clarifying Lotion, \$14, silica and barium sulfate sop up oil; sorbitol and glycerin



The Acne Solutions line fights oil.

maintain moisture. The company's Clearing Moisturizer, \$16, multitasks, too, with oil reducers and mattifiers alongside hydrators such as sodium hyaluronate. So you get the middle ground you want: a face that's neither shiny nor parched, but moist and glowy. Find more tips and beauty info in the new Q&A archive at Self.com/livingwell.

Q Help! I overplucked. Have you ever heard of such a thing as an eyebrow transplant?

A Yup. Not that you'll ever see Dr. House rushing a donor brow into the OR. But even if the procedure isn't the stuff of high drama, the results can be. (Check out the before-and-after above.) Still, if you just went too far with the tweezers, the \$5,000 procedure probably isn't for you. It's meant for those whose eyebrows fall out permanently from illness, trauma or hormonal issues, or overpluckers so egregious they've destroyed some follicles, says Jeffrey Epstein, M.D., a plastic surgeon who practices in New York City and Miami and does 60 to 70 brow transplants a year. **How the transplant works:** The surgeon takes individual hair follicles from your head and implants them in the sparse patches. Although 250 grafts per brow is average, as many as 350 may be necessary to re-create an entire brow. The two-to-three-hour process is done with a local anesthetic; it takes about four days for your eyebrows to heal. Over the next few months, the transplanted hairs fall out (that's normal), then regrow from the newly situated follicle. After that, they'll require regular trimming (it's head hair, after all) and the use of a brow groomer (there will inevitably be a few that won't lie flat or will point in the wrong direction).



Q Perfume versus eau de parfum: Is there a big difference?

A Bigger than I realized. I had always thought eau de parfum (EDP, as it's called in the biz) was simply a less concentrated version of perfume. Though that's generally true with American scents, in French perfumery, the notes themselves often vary. For instance, one typical difference is that the EDP has fresh top notes, but the perfume version of the same scent doesn't. "In a perfume, you focus on the heart of the fragrance, so there's maximum intensity, richness, sexiness and intrigue," says Maurice Roucel, perfumer for Lolita Lempicka in Paris. Ooh-la-la!

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