

## BOOST YOUR BROWS PERMANENTLY

Permanent makeup involves tattooing small strokes of color onto your arch area to simulate the appearance of eyebrows. Before this procedure, a topical numbing cream is applied to skin, and whether you feel anything depends on your threshold for pain. "Some patients fall asleep and others are a bit jumpy," explains Deborah Vinci, a permanent makeup artist in Scottsdale, Arizona.

## PROBLEM

### SPARSE LASHES AND BROWS

## HAIR TRANSPLANT

**HOW IT FIXES THE PROBLEM** | "Individual hairs are transferred from the back of the scalp (because these are the same in size and texture) and implanted into your upper eyelids or brows," explains facial plastic surgeon Jeffrey Epstein, MD, of New York City and Miami.

**WHAT TO EXPECT** | Anesthesia generally involves an oral sedative and injections of local anesthesia before about 300 hairs (and the follicles) are taken from an inconspicuous donor site and transplanted into the brows in a two- to two-and-a-half-hour session. For a lash transplant, between 20 and 40 hairs are implanted in an hour to an hour and a half. The hairs are then trimmed to the appropriate length. "Because of the anesthesia, you shouldn't feel any pain during the procedure," says Dr. Epstein, who also notes that recovery is generally comfortable as well.

**WHAT YOU'LL NOTICE** | Skin may be a bit bruised and swollen when you leave your doctor's office, but lashes and brows will immediately look fuller. In the brow area, you may also get a small amount of scabbing. "In about three weeks, these hairs fall out because they go through a shock phase and in two to three months they grow again," says Dr. Epstein. The transplanted lashes and brows grow just like the hair on your head, so keep in mind they need to be trimmed regularly. This procedure is not risk-free: Numbness and scarring are possible. To keep these risks to a minimum, be sure to select a specialist who has extensive experience with these types of hair transplantation procedures.

SIGNS OF AGING: SPARSE LASHES, SAGGING BROWS

# THE (EYE)

